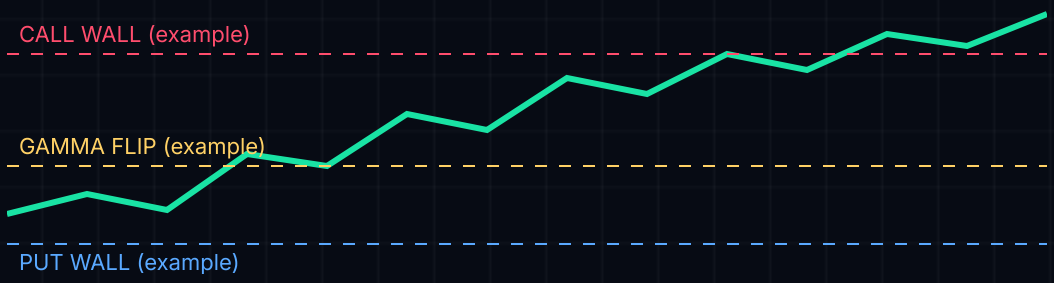
BotWonders

0DTE AI Copilot Kit

FREE SAMPLE · 3 PROMPTS
PRE-MARKET PLAN · RISK RULES · POST-SESSION REVIEW

Copy-paste prompts that turn ChatGPT, Claude, Grok or Gemini into a disciplined pre-market planning partner and an honest trading-journal reviewer.



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Free sample: 3 prompts from the kit

These are three of the prompts from the full BotWonders 0DTE AI Copilot Kit. Replace every [BRACKETED] field with your own data and paste into ChatGPT, Claude, Grok or Gemini.

Educational only. Not financial advice. Options — and especially same-day-expiry (0DTE) options — involve substantial risk and can lose 100% of the premium paid within minutes; some strategies can lose more. Nothing in this kit is a trade signal, recommendation, or promise of results. AI models make mistakes, can misread numbers, and can sound confident while being wrong. You are solely responsible for your trading decisions. Consider speaking with a licensed professional.

Sample 1 — Pre-market mindset check (Prompt 8)

```
Before I plan today: Sleep [hrs], stress [1-10], yesterday's P/L [$ ] and grade [ ], anything
outside trading bothering me [ ], do I feel I "need" a green day? [y/n].
Tell me: trade normal size / half size / don't trade today, based ONLY on my own rules here:
[e.g. "half size if sleep < 6 or stress > 7; no trading if I feel I need a green day"]. One-
line reason.
```

Sample 2 — Economic calendar risk planner (Prompt 7)

```
Today's scheduled events (ET): [LIST, e.g. 8:30 CPI, 10:00 JOLTS, 2:00 FOMC decision, 2:30
press conference]
VIX: [ ]  Expected move: [ ]
For each event: typical market sensitivity (low/medium/high), the window I should avoid new
entries (before/after), and how it could change my morning scenarios. Then give me a time-
blocked "trade / don't trade" schedule for the session. No predictions about the data itself.
```

Sample 3 — Intraday check-in (Prompt 4)

Use before every trade after your first one. It's the prompt that stops revenge trades.

```
INTRADAY CHECK-IN — [TIME ET]
- Trades so far: [#]   Wins: [#]   Losses: [#]
- Realized P/L today: [$ ]   Max daily loss: [$ ]
- Time of my last loss (if any): [ ]   Cooldown rule: [ minutes ]
- No-new-entries cutoff: [ ]
- Current price: [ ]  Where it is on my level map: [ ]
- The trade I'm thinking about: [setup, level, direction, trigger]
- Is it one of the scenarios from this morning's plan? [yes / no / modified]
- How I feel right now (be honest, 1-10 calm→tilted): [ ]  Any "make it back" thoughts?
[yes/no]

Answer with:
1. GREEN / YELLOW / RED light and one-line reason.
   RED if: cooldown not finished, past cutoff, at/over max trades, at/over max daily loss,
setup not in my allowed list, or tilt ≥ 7 / "make it back" = yes.
   YELLOW if: setup is a modified version of the plan, or inside a no-trade condition from
this morning.
2. If RED: tell me exactly when I'm next allowed to trade (or "done for the day") and suggest
one non-trading action (walk, journal entry, close the platform).
3. If GREEN/YELLOW: restate my invalidation level and dollar risk from my contract, so I see
it before clicking.
Be blunt. Do not soften a RED.
```

Want the full kit?

The full kit adds the **Pre-market game plan builder** (call wall / put wall / gamma flip / expected move → scenarios, invalidations, no-trade conditions), GEX & dealer-positioning explainers, a risk-contract builder and position sizer, post-session and weekly reviewers, a ready system prompt for a Custom GPT / Claude Project / Gemini Gem, a fully worked example, and an Excel/Google Sheets journal with automatic win rate, expectancy, rule-break and revenge-trade flags.

Get it at botwonders.com — launch price $19, 14-day refund.

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